



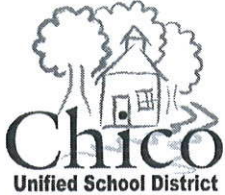
Administrative Offices 1163 E. Seventh Street Chico, CA 95928-5999
phone: (530) 891-3000 • fax: (530) 891-3220 • www.ChicoUSD.org

January 9, 2016

Dear CUSD Parent/Guardian,

The "California Healthy Youth Act," sections 51930-51939 of the California Education Code, requires that Comprehensive sexual Health Education is taught at least once in the middle school grades and again in high school. This instruction shall include all of the following elements:

- (1) Information on the nature of HIV, as well as other sexually transmitted infections, and their effects on the human body;
- (2) Information on the manner in which HIV and other sexually transmitted infections are and are not transmitted, including information on the relative risk of infection according to specific behaviors, including sexual activities and injection drug use;
- (3) Information that abstinence from sexual activity and injection drug use is the only certain way to prevent HIV and other sexually transmitted infections and abstinence from sexual intercourse is the only certain way to prevent unintended pregnancy. Instruction shall provide information about the value of delaying sexual activity while also providing medically accurate information on other methods of preventing HIV and other sexually transmitted infections and pregnancy.
- (4) Information about the effectiveness and safety of all federal Food and Drug Administration (FDA) approved methods that prevent or reduce the risk of contracting HIV and other sexually transmitted infections, including use of antiretroviral medication, consistent with the Centers for Disease Control and Prevention.
- (5) Information about the effectiveness and safety of reducing the risk of HIV transmission as a result of injection drug use by decreasing needle use and needle sharing.
- (6) Information about the treatment of HIV and other sexually transmitted infections, including how antiretroviral therapy can dramatically prolong the lives of many people living with HIV and reduce the likelihood of transmitting HIV to others.
- (7) Discussion about social views on HIV and AIDS, including addressing unfounded stereotypes and myths regarding HIV and AIDS and people living with HIV. This instruction shall emphasize that successfully treated HIV-positive individuals have a normal life expectancy, all people are at some risk of contracting HIV, and the only way to know if one is HIV-positive is to get tested.
- (8) Information about local resources, how to access local resources, and pupils' legal rights to access local resources for sexual and reproductive health care such as testing and medical care for HIV and other sexually transmitted infections and pregnancy prevention and care, as well as local resources for assistance with sexual assault and intimate partner violence.
- (9) Information about the effectiveness and safety of all FDA approved contraception methods in preventing pregnancy, including, but not limited to, emergency contraception. Instruction on pregnancy shall include an objective discussion of all legally available pregnancy outcomes, including, but not limited to the following:
 - (a) Parenting, adoption, and abortion;
 - (b) Information on the law on surrendering physical custody of a minor child 72 hours of age or younger, pursuant to Section 1255.7 of the Health and Safety Code and Section 271.5 of the Penal Code;
 - (c) The importance of prenatal care.
- (10) Information about sexual harassment, sexual assault, adolescent relationship abuse, intimate partner violence, and sex trafficking.



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All instruction in all grades, including any instruction provided in elementary school, must be age-appropriate and medically accurate. It must be appropriate for students of all races, ethnic and cultural backgrounds, genders, and sexual orientations and be appropriate for and accessible to students with disabilities and English Learner students. Instruction may not promote religious doctrine.

Instruction must affirmatively recognize different sexual orientations, and be inclusive of same-sex relationships when providing examples of couples or relationships. It must also teach about gender, gender expression, gender identity, and explore the harm of negative gender stereotypes.

Comprehensive sexual health education must encourage students to communicate with their parents or other trusted adults and must provide students with the knowledge and skills to develop healthy relationships and make healthy decisions about sexuality.

A parent or guardian of a pupil has the right to excuse their child from all or part of this instruction. If you wish to excuse your child from comprehensive sexual health education and HIV prevention education, your request must be submitted in writing to your student's Health teacher or principal. An alternative educational activity shall be made available to students who have been excused.

Your student's comprehensive sexual health education and HIV prevention education instruction will be delivered by CUSD personnel. If school personnel wish to utilize outside consultants and/or guest speakers, they must first request approval from the Superintendent or designee on or before the first day of instruction for the school year in question. The request shall include all documentation necessary to ensure compliance with the provisions of Education Codes 51930-51939. If the request is approved, the school in question shall notify families by mail or auto-dialer no fewer than 14 days before the instruction is delivered. Notification shall include the date of the instruction, the name of the organization or affiliation of each guest speaker, and information stating the right of the parent or guardian to request a copy of Education Codes 51930-51939. All outside consultants and guest speakers shall have expertise in comprehensive sexual health education and HIV prevention education, as well as knowledge of the most recent medically accurate research on the relevant topic or topics covered in their instruction. All organizational information shall indicate a clear intent to only communicate information to students that is held to be medically accurate by the professional health community: the Center for Disease Control and Prevention, the American Public Health Association, etc.

Written and audiovisual materials used in comprehensive sexual health education and HIV prevention, as well as copies of Education Codes 51930-51939, are available for parent/guardian inspection. Please contact your student's principal for more information.

The goal of a comprehensive sexual health education program is to help students learn the facts and to make good decisions now and later in life.

Respectfully,

A handwritten signature in blue ink, appearing to read "David McKay", is written over the typed name and title.

David McKay
Director of Secondary Education
Chico Unified School District